1. **Blueprint Skala Dukungan Sosial**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No** | **Aspek** | **Aitem** | | **Jumlah** |
| ***Favorable*** | ***Unfavorable*** |
|  | *Emosional* | 7, 8, 9, 11, 28, 34, 35 |  | 7 |
|  | Instrumental | 1, 2, 3, 14, 16, 17, 24, 25,  26, 27, 31, 33, 36 |  | 13 |
|  | Informatif | 4, 5, 6, 10, 12, 13, 15, 18,  19, 20, 21, 22, 23, 29, 30,  32, 37 |  | 17 |
| **Total** | | **37** |  | **37** |

1. **Blueprint Skala Penerimaan Diri**

|  |  |  |  |
| --- | --- | --- | --- |
| **No** | **Ciri-ciri** | **Aitem Favorable** | **Jumlah** |
|  | Rasa Percaya Diri | 1,7,13,19,25,31,34 | 7 |
|  | Penghargaan terhadap diri sendiri | 2,8,14,20,26,32,35 | 7 |
|  | kesediaan menerima kritik dari orang lain | 3,9,15,21,27 | 5 |
|  | kemampuan menilai diri sendiri dan memperbaiki kelemahan | 4,10,16,22,28,33 | 6 |
|  | kejujuran terhadap diri sendiri dan orang lain | 5,11,17,23,29 | 5 |
|  | kenyamanan dengan diri sendiri | 6,12,18,24,30 | 5 |
| **Jumlah** | | | 35 |